

**SWIM FLORIDA - CAPE CORAL  
2007 SEASON**

**Individual Meet Results**

**2007 FL Swim LC SR Championships 26-Jul-07 to 29-Jul-07 LC Meters**

**Location: Indian River**

**SWIM FLORIDA [SWIM-FL] Group: CC Coach: ED COLLINS**

Time	F/P/S	Event	Place	Points	Improv
<b>Cotugno, Meghan (14) F</b>					
5:56.58L	FLSR F # 19	Female Senior 400 IM	29	---	2.21
	36.62 45.83 45.42 45.46 54.74 55.27 37.59 35.65				
30.13L	FLSR P # 25	Female Senior 50 Free	30	---	0.47
1:04.48L	FLSR F # 39	400 Free Relay Lead Off	---	---	0.01
	31.42				
1:04.37L	FLSR P # 47	Female Senior 100 Free	27	---	-0.10
	31.09 33.28				
2:48.48L	P # 59	Female Senior 200 Back	28	---	0.15
	40.16 42.98 43.88 41.46				
<b>Kerfoot, Sarah (17) F (8)</b>					
9:55.36L	FLSR F # 3C	Female 17 & Over 800 Free	22	---	-50.70
	33.34 35.45 36.24 37.81 37.60 38.68 37.71 38.13				
	37.92 38.27 38.14 38.32 38.18 38.51 36.07 34.99				
2:19.58L	FLSR P # 7	Female Senior 200 Free	43	---	-0.21
	32.47 34.91 36.33 35.87				
5:40.49L	FLSR F # 19	Female Senior 400 IM	22	---	-0.75
	36.42 41.60 43.77 42.95 50.82 51.61 37.60 35.72				
2:41.44L	FLSR P # 29	Female Senior 200 IM	32	---	-1.02
	35.01 41.59 49.70 35.14				
1:16.14L	FLSR P # 33	Female Senior 100 Back	19	---	0.34
	37.91 38.23				
2:41.73L	FLSR P # 59	Female Senior 200 Back	17	---	-0.07
	38.97 41.32 41.48 39.96				
<b>Nielsen, Michelle (16) F</b>					
10:14.79L	FLSR F # 3B	Female 15-16 800 Free	25	---	-2.67
	34.87 37.33 38.18 38.03 38.70 38.60 38.93 38.93				
	39.26 39.12 39.42 39.32 39.23 38.75 38.97 37.15				
2:22.61L	FLSR P # 5	Female 15-16 200 Free	57	---	0.69
	32.82 35.57 37.23 36.99				
2:46.93L	FLSR P # 27	Female 15-16 200 IM	53	---	-1.92
	35.73 41.79 52.37 37.04				
1:19.83L	P # 31	Female 15-16 100 Back	48	---	1.48
	39.30 40.53				
1:07.13L	FLSR P # 45	Female 15-16 100 Free	68	---	0.74
	32.62 34.51				
2:45.52L	FLSR P # 57	Female 15-16 200 Back	37	---	1.06
	39.74 41.62 42.14 42.02				
<b>Smith, Lauren (15) F</b>					
30.64L	FLSR P # 23	Female 15-16 50 Free	47	---	0.30
<b>Smith, Nicole (17) F</b>					
31.29L	P # 25	Female Senior 50 Free	45	---	1.00