

**SWIM FLORIDA - CAPE CORAL
2009 SEASON**

Individual Meet Results

2009 FL Swimming LC SR Champs 23-Jul-09 to 26-Jul-09 LC Meters

Location: Indian River

SWIM FLORIDA [SWIM-FL] Group: CC Coach: ED COLLINS

Time	F/P/S	Event	Place	Points	Improv
Antonio Alvarez (17) M					
27.15L A	P # 26	Male Senior 50 Free	47	---	0.55
2:36.59L BB	P # 30	Male Senior 200 IM	28	---	-3.07
		32.54 44.54 46.13 33.38			
1:00.51L A	F # 40	400 Free Relay Lead Off	---	---	0.19
		29.03			
1:00.47L A	P # 48	Male Senior 100 Free	51	---	0.15
		28.50 31.97			
Meghan Cotugno (16) F					
10:02.78L AA	F # 3A	Female 15-16 800 Free	14	3	-3.68
		32.81 35.83 36.98 37.62 38.11 38.07 37.85 38.49			
		39.51 38.40 38.48 38.93 38.78 38.46 38.41 36.05			
5:36.09L A	F # 17	Female 15-18 400 IM	11	6	-15.85
		35.63 42.44 42.51 42.28 50.87 51.23 36.84 34.29			
5:43.44L A	P # 17	Female 15-18 400 IM	12	---	-8.50
		36.58 45.02 43.29 43.07 51.60 52.61 36.98 34.29			
29.54L AA	P # 23	Female 15-16 50 Free	23	---	0.42
4:53.70L AA	P # 35	Female 15-16 400 Free	28	---	-1.54
		33.10 36.08 36.91 37.66 38.38 38.83 37.55 35.19			
1:03.80L AA	P # 45	Female 15-16 100 Free	24	---	-0.67
		31.10 32.70			
19:15.39L AA	F # 55A	Female 15-16 1500 Free	10	7	-32.33
		34.03 37.39 38.10 38.65 38.99 39.63 39.81 39.31			
		39.43 39.04 39.57 38.90 39.42 38.56 39.10 37.49			
		38.58 38.31 39.37 37.96 38.72 38.68 39.07 38.84			
Monica Jaeger (13) F					
10:14.41L AA	F # 3	Female Senior 800 Free	23	---	-12.88
		35.10 38.83 39.91 38.32 39.23 38.87 39.73 38.11			
		39.05 38.41 38.64 38.48 38.44 38.28 37.92 37.09			
1:12.59L AA	P # 15	Female Senior 100 Fly	33	---	-1.22
		35.67 36.92			
5:50.05L A	P # 19	Female Senior 400 IM	23	---	4.18
		37.98 40.55 47.10 45.64 52.25 51.19 37.79 37.55			
31.72L A	P # 25	Female Senior 50 Free	62	---	1.01
1:20.80L BB	P # 33	Female Senior 100 Back	51	---	4.18
		40.40 40.40			
1:08.44L A	F # 39	400 Free Relay Lead Off	---	---	1.28
		33.65			
2:49.88L BB	P # 59	Female Senior 200 Back	32	---	5.64
		41.84 43.61 42.83 41.60			
Nick Keating (16) M					
10:00.71L A	F # 4A	Male 15-16 800 Free	16	1	0.55
		32.09 35.31 37.65 37.66 38.38 38.37 38.70 38.48			
		38.63 38.43 38.61 38.15 38.14 38.31 38.19 35.61			
5:30.06L BB	P # 18	Male 15-18 400 IM	22	---	-3.34
		35.66 40.90 44.77 42.02 46.45 46.50 37.66 36.10			

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28.26L A	P # 24	Male 15-16 50 Free	48	---	0.27
2:36.46L BB	P # 28	Male 15-16 200 IM	40	---	1.16
	34.47	40.50 45.95 35.54			
1:01.96L A	P # 46	Male 15-16 100 Free	51	---	1.28
	29.80	32.16			
19:11.92L A	F # 56A	Male 15-16 1500 Free	8	11	12.21
	32.45	36.09 38.42 38.60 39.32 39.36 38.93 39.32			
	39.13	38.95 38.77 38.60 38.66 38.62 38.87 38.67			
	39.41	38.43 38.62 38.71 39.03 38.88 38.91 38.94			
Graham Murza (16) M					
2:16.67L A	P # 6	Male 15-16 200 Free	48	---	6.18
	30.30	34.17 36.03 36.17			
5:25.14L A	P # 18	Male 15-18 400 IM	19	---	2.17
	34.68	40.63 42.74 40.78 47.38 47.57 36.10 35.26			
27.86L A	P # 24	Male 15-16 50 Free	41	---	0.41
1:07.89L A	P # 32	Male 15-16 100 Back	24	---	1.09
	33.57	34.32			
1:00.29L AA	P # 46	Male 15-16 100 Free	42	---	0.36
	29.10	31.19			
2:23.29L AA	F # 58	Male 15-16 200 Back	11	5.5	-3.02
	34.25	36.77 37.08 35.19			
2:25.81L A	P # 58	Male 15-16 200 Back	14	---	-0.50
	34.62	37.61 38.35 35.23			
1:07.52L AA	F # 62	400 Medley Relay Lead Off	---	---	0.72
	33.11				
Lauren Smith (17) F					
31.06L A	P # 25	Female Senior 50 Free	54	---	0.72
1:21.67L BB	P # 33	Female Senior 100 Back	53	---	-3.55
	39.62	42.05			
1:08.94L BB	P # 47	Female Senior 100 Free	59	---	-0.15
	32.84	36.10			
Michaela Steakley (14) F					
33.08L BB	P # 25	Female Senior 50 Free	66	---	0.30
1:23.77L BB	P # 33	Female Senior 100 Back	55	---	4.85
	40.74	43.03			
2:57.43L BB	P # 59	Female Senior 200 Back	38	---	4.16
	41.57	44.88 45.88 45.10			
1:22.48L BB	F # 61	400 Medley Relay Lead Off	---	---	3.56
	39.95				
Dylan Walters (17) M					
NS	P # 8	Male Senior 200 Free	---	---	---
NS	P # 12	Male Senior 200 Breast	---	---	---
29.53L BB	P # 26	Male Senior 50 Free	56	---	1.01
1:18.88L BB	P # 52	Male Senior 100 Breast	24	---	5.37
	36.22	42.66			